

blnt dlxf / lasf;

k]tstf]dnf x]r7

!-)=-laifo k]z

elg65 gf/L / k?if ; dfh?kl /ysf b0{kfuf] xg .Pp6f dfq sdhf] eof]eg]Tof]/y ; Gthlt?kdf
cuf]8 a9g ; Sbg . lkt[; Qf]ds ; fdf]hs cfly\$; Argfsf] ; ?j]tsf] ; fy ; fy}dlxf?df xg]z]f]of /
bdgsf]lzn]znf 0ltxf; sf]sfnv08 laleGg sfv v08 bl]v cfhsf]Pssf0; f]z]t]abl ; Dd klg lg/Gt/?kdf
cuf]8 a9b}cfPsf]5 . ; frf]cydf eg]xf]eg]o; ; f] / ; Argfn]cfw cfsf; 9fSg]gf/Lnf0{dfga
lasf; sf]dh k]afxaf6 g}k0f?kdf cn]ofPsf]5 . h; n]ubf{dfga ; Eotf lasf; sf]qmd g}nu8f?kdf cuf]8
al9 /x\$]5 .

s]l lasf; t b]zsf dlxf? afx\$; #/ e/ls}dlxf? dfga eP/ k]pg'kg]Gogtd clwsf/af6
; d] algrt 5g\ . pglx?nf0{Pp6f k?if ; /x l; uf]dfgasf]kdf clxn]klg x]vbg . k?ifsf] ; xfos
c]sf]kdf x]v65]cwf8)ugl elg65 . o; n]dlxf?sf]cl:t]j / cfk]y]sl; dsf]klxrfgn0{cfem]df kfg]
sfo{u/\$]5 . pglx?nf0{z]Qm / >f]af6 algrt lgl/x k]of]sf]kdf kl/eflft u/\$]5 . lj]utsf] ; fdf]t]abl
; f] / lrgtg af\$]f]/f]ho z]Qm / lrgtgaf6 ha ; dfh la:tf/}ladv eP/ ; dfgtdf cfw/Lt lrgtgsf]
lasf; xg y]f]of]. To; kl5 dlxf?nf0{xg]bl]6s]f]df la:tf/}kl/j t]g cfpg yfn\$]f]bl]v65 . dlxf?
la:tf/}cfk]y]xs clwsf/sf]nflu p7g]j]ftf]/of tof/ eof]. ; f] / ; qf}z]t]abldf ePsf]dlxfafbl
cf]b]f]hg / ; fdf]hs Gofosf nflu ePsf]cf]b]f]hg]of]s/f bl]vPsf]5 . To; kl5 qmdz dlxf lasf; sf
k]m]f]x? cuf]8 a9g yfn\$]5 . la; f]z]t]abl ; Dd cf0{k]of dlxf lasf; / clwsf/ ; aGw w]cawf/Offx?
cf0{; s\$]f 5g\ h; df ; g krf; sf]bzsd cfPsf]dlxf / lasf; ; ; 0/lsf]bzsd cfPsf]lasf; df dlxf,
dlxf ; aGw dxf; Gw / clxn]cl:t]j df /x\$]f]h]8/ P08 8]knkd]6 sf]cawf/Off k]v 5g\ of]bl]v afx\$
laleGg /fhg]ts wf/sf]; d] lasf; ePsf]5 .

laZj d}dlxf ; aGw cawf/Offdf cfPsf]kl/j t]gaf6 g]kfn c5'tf]/xg ; s\$]f 5g . ; g krf; sf]bz
; Dd laZj]f6 cn]ulP/ g]kfn a; sf]ePtf klg /f]off zf; gs}a]hf bl]v g}dlxfafbl cf]b]f]hg p7\$]f]lyof].
/f]off zf; gsf]c]to / k]hft]qsf]pbo kl5 cem Jofks?kdf dlxf clwsf/sf nflu cf]f]h p7\$]f]bl]v65 .
To; sf ; fy}/f]hon] Jofks?kdf gePtf klg sb]g sb]g]kdf dlxf?sf]lasf; / :t/ dfly psf:g ; wf/afbl
sfoqmdx? cuf]8 a9fPsf]k]f65 . laZj df rn\$]f]nx/ ; u]lt sfoqmdx?sf]k]efa g]kfn]df qmds?kdf k/]df]
. h; sf]km:]?k s]x dlxf?n]cfk]y]xl; ot a9fpg ; km eP . of]; sf/]f]ds kl]f xf]. t/ csf]kl]f hf]
; fx}bolgo / kl8f]f]os 5 Tof]blnt dlxf?sf]cl]of/f]hl]bul, h; nf0{clxn]; Dd /f]hon]dlxfsf]nflu
eg] cuf]8 ; f/\$]f]sfoqmdn]k]efa t s]5g ; d] ; s\$]f]5g\ pglx?sf]hl]bul tyf xl; ot slyt 7hf
h]f]tx?sf]dlxf?sf]e]bf c]to]t tn /x\$]f]5 . ; du|dlxf? lkt[; Qf]ds ; f] / ; Argfaf6 kl8t 5g\
eg]blnt dlxf? tlg}kl8t dlxf?af6 klg kl8t ePsf 5g\ blnt dlxf?sf] ; fdf]hs / cfly\$
ca:yf c]to]t}boglo /x\$]f]5 . blnt dlxf?sf] ; fdf]hs / cfly\$ ca:yf s]h]pbf rf/ sf]faf6 s]h]pg'
kg]bl]v65 M !=blnt dlxf blntxg]sf]sf/0fn]blntk?ifx? h:t}; df] ca:yf jf ; d:ofaf6 uhlg'k/\$]f]5
. @= blnt dlxf dlxfxg]sf]sf/0fn]c]to dlxf? h:t}; df] ca:yfaf6 uhlg'k/\$]f]5 . #=blnt dlxf?n]
blntdf dlxf ePsfn]/ dlxfdf blnt ePsfn]k?if blnt u]blnt dlxf e]bf 56&f 56&}; d:of e]lg'
k/\$]f]5 . \$= blnt dlxfsf ; j]ndf klg s]l ; d:of / ; j]fnx? ; a}blnt dlxfsf geP/ s]l blnt
dlxf?sf klg 5g\ e6&rg,@)%*M&& . o; n]s]:ki7 u5{eg]af:tadf blnt dlxf? bf]x/f]t]x/f]z]f]of]sf]
df/df k/\$]f]5g\ . o; sfok]q olg}blnt dlxf?sf] ; d:of / ; j]fnx?sf] ; f]k]f]df /xl /f]hon]blnt
dlxf?sf]p]yfg / lasf; df k/]dfpg'kg]; xof]usf af/df s]b]t /xg]5 .

e)-blnt dlnfx?sf]j t(fg ca:yfll

blnt dlnfx?sf]at(fg ca:yf af/]hfgfsf/l lbbf vf; u/l pglx?sf]; fdlhs / cfly\$ ca:yfdf hf\$ lbg' kg[cfaZostfnf0{dx; ; u/l Toxl klfnf0{; ea eP ; Dd tYof8)\$ut ?kdf k\$z kfg[kof; o; sfo{kqdf ul/Psf]5 . blnt dlnfx?sf]; Gbedf efg' kbfc{clxn]; Dd h]hlt tYof8)\$x? pknAw 5g\tl tYof8)\$x? blnt dlnfx?nf0{g}nllft u/] cg'; Gwfg u/] tof/ kf/\$f]ge}blntx? tyf cfo dlnfx?sf] cg'; Gwfg ubf{; xfos tYof8)\$?k dfq lnPsf tYof8)\$x? xg . o; n]af:tlas?kdf blnt dlnfx?sf]; lx l:ylt klxrfg ug{; s\$]b]vbq . t/ ol pknAw tYof8)\$x?n] l:yltnf0{s}xl xb ; Dd phuf/ ug[kof]g eg]u/\$f]5 . ; fy}of] lfg cg'; Gwfgsf]af:tlas lfg efg]; d]; a\$]nflu ePsf]5 . lsg eg]blnt dlnfx? eg\$]lt dlnfx? xg hf]/fhg]ts, wfd\$, hftlo / lkt[; Qf]ds h]hlt klq ; Qfx? at(fg laZ]df laBdfg 5g lt ; a}; Qaf6 lylrPsf 5g\dlrPsf 5g\kl8t 5g\

e!-; fdlhs ca:yfll

blnt dlnfx?sf] ; fdlhs ca:yf af/] rrf{ubf{blnt dlnfx eg\$] sf] xg, pglx?sf] at(fg hg; Wofsf] l:ylt, 5j f5'tn] kf/\$f] kofa, z]lfs l:ylt / :jf:Yosf] ca:yf, glt lgd(fsf] lfgdf blnt dlnfxsf]kl]t]glw]j, u}\; /sf/l ; :yf, dlnfx cfb]ng / blnt dlnfx, cgt/ hftlo laaxf / ofg z]f]of cflbsf af/df pNny ug{; fble\$ xg\$.

e!-!-sf]xg blnt dlnfx <

gk]ndf 5j f5'tsf] ; ?jft ef/tlo lxGb' z/0ffyl{zf; ssf] cfudg ; lxt ePsf] b]vG5 . t/ o; n] /fHo4f/f g}dfGotf eg]r]w}ztfAbldf /fhf hol:ylt dNnsf]zf; gsfndf kfPsf]lyof]. o; h]f0{lg/Gt/tf lbb} zfxsfng /fhf ; 'Qb\$]zf; gsf]n la=; #(!) df t]fsfng /f0ff k]wfg dGql h# axfb/ /f0ffn]dhs]l Pq hf/l u/l hlt kyfnf0{cem s8f0sf ; fy nfu' ug\$] nflu hft cg'; f/sf]; hfPsf]Joj :yf u/]. h; n]ubf{ hlt kyf gk]nl ; dfhdf olt bxP]kdf h/f uf8g kl]of]o; n]blntx?nf0{aiff}; Dd w/fzol agfP/ hl]g ofkg ug{af]w agfPsf]5 . df]tfsf]; :s[t blntx?sf]klxrfg ag\$]5 .

hol:ylt dNnsf]hftlotfdf cfw/Lt sfgg / dg:d[tsf]clf/z kfng u/l tof/ u/lPsf]la=; #(!) sf]dhs]l Pq g}gk]ndf slyt dflyNnf / tNnf hlt 56dfpg]dh cfw/ xf]. o; Pqdf sg hlt kfgl rNg / sg hlt kfgl grNg]eg] :ki6?kdf laefhg u/lPsf]5 . olt ; Dd sl sg}tNnf hlttnf0{5f]P]56f]xfng' kg] 5f]P]56f]xfng'gkg]tNnf hlt eg] ; d]; pNny ul/Psf]5 . hf]lgDg 5g\

5f]P]56f]xflg'gkg]hft

tk; ln
d'; ndfg, dwzsf t]l, wf]l, s; f0{sh; Dn]5] r8f/f

5f]P]56f]xflg'kg]hft

tkl; n
; fsl{ bdf0{ sfdl, uf0g]; gf/, afblef6, rgf/f, kf\$] x\$] Rofdvn

la=; #)@) ; fnsf] dhs]l Pq]n] 5j f5'tnf0{sfggl?kdf pGdhg u/l ; dfgtdf cfwfl/t sfggsf] Joj :yf u/\$f] ePtf klq Io; sf]Joj xfl/s sfoff]og tkm(kxn /fHon]kxn gu/\$fn] gk]nl ; dfhaf6 5j f5'tsf]k]ng clxn]; Dd klq x6g ; s\$]5g\ at(fg ; lawfgn]cem k]ltzn sbdrfnl ; fa]lgs lfgdf xg] 5j f5'tnf0{b08glo agfPsf]5 . olt xbf xb}klg 5j f5'tsf]k]ng khftflGqs gk]ndf ; d]; oyfj t laBdfg 5 . s}l ; do cuf]8 PS; g P8 gk]fnn]u/\$f]cg'; Gwfg cg'; f/ clxn]klg blntx?n]@)% lsl; dsf lae\$; xg' k/\$f]5 . hg s/f ; Eo ; dfhsf]nflu n]hf:kb dfq geP/ 30ff:kb ; d]; xf]. o; /l kz\$]efbf klq tNnf]:t/sf]hl]g hlpg af]w blnt leqsf]clfw hg; Wof xf]blnt dlnfx . hf]; fdlhs

dof]fsf]; a}eGb f tNnf]w/ftndf afrl /x\$} 5g\ ; frf]cy(ef eG]xf]cl:tTj lalxg,glhlá kfofl xg blnt dlxnf . /fhg]ts, wfdl\$, hftlo / lkt[Qf ; a\$}l]zsf/ xg . ptkl8gsf kofáfrl xg .

e!-dlblnt dxnfx?sf]hg; Vof

blnt dxnfx?sf]hg; Vofsf]l:yltnf0{x}bf{sh dxnfx hg; Vofsf]Ps rfyf0{/ blnt hg; Vofsf] cfwf elgPtf klg blnt leq ePsf]hftlo laefhgsf]sf/0fn]of]l:yltnf0{; fdfwos/Of ug{plrt bl]vbq . blnt leqsf laleG hflt dWb]sg}hfltx? hg; Vof cTolws dfqdf 5g eg] thgf]ds?kn]sg}hfltsf] hg; Vof cTofT Gog /x\$}5 . sltko dxnfx?sf laz]f ; d:ofx? ; d] /x\$} 5g\ To; h]pglx?nf0{nllft u/l laz]f sfoqmdx? ; fmg ug\$} nflu hg; Vofsf]af:tlas tVof8)\$ cfpq' h?/L 5 . laleG ux\ ; /sf/L ; :yfn]u/\$] cg' Gwfg cg' f/ blntx?sf]hg ; Vof sh hg; Vofsf]@) kl]tzt eg] pNny u/LPsf] 5 . of]cfwf/lxg eg] eG IdNbg . lsg eg]>l % sf] ; /sf/n]@)\$* ; fndf lnPsf]hgu0fgdf clxn]; Dd gk]fndf a; fáf; ug[blnt hflt dWb]* hfltx?sf]tVof8)\$ lng 56f0Psf]xbf ux\ ; /sf/L ; :yfx?n]lnPsf] tVof8)\$ >l % sf] ; /sf/sf]tVof8)\$ eGb oyfyk/s bl]v65 . ; fy}sltko hfltx?sf]hg; Vof olt sd b]yF0Psf]5 h; nf0{; fdfw dflg; n]klg laZj; ug{; Sbq . t/ klg ux\ ; /sf/L:t/df cfPsf tVof8)\$sf] cflwsf/stf gxg] ePsf]n] >l % sf] ; /sf/n] ; fah]gs u/\$] tVof8)\$nf0{g}cflwsf/lS dfgl blnt dxnfx?sf]j tdfg hg; Vof k}t't ul/Psf]5 .

tlfnsf !Mblnt dxnfx?sf]hg; Vof -pd] / ; dx cg' f/_

cmd; Vof⇐	hft	pd] ; dx				hDdf blnt dlxnfx	hDdf dxnfx -(@&)!@#_ sf]kl]tzt
)-\$!%-%\$	%%	pNny gePsf]		
!	sfdl	@,!%\$*)	@,\$\$\$&!	#!,%&*	&(\$(,!^!&	%#
@	bdf0{	*@,#%*	(,,\$))	!!,&()	@!	!,*(,!&	@=)
#	;fsl{	^),\$%^	&!,*!((&)#	!#	!,\$!,((!	!-%
\$	rdf/	#,(,%^	%!,%\$\$	*#\$(!&	((,*^^	!-=
%	d'; x/	@,!*^	#^,@!	\$(,()	!^	&,\$!#)=&
^	b'; fw	!&,@%	@#,&@\$	#,^()	!!	\$\$,#%)*)=%
&	Wf]al	!%,)&	!(,)!%	@,@(*	#&,@)=\$
*	sfg'	!\$,))@	!&,&%	@,%%\$!\$	##,^\$%)=\$
(vtj]	!#,!@&	!^,*&%	@,\$^%	\$	#@,\$&!)=#
!)	j fbl	!,^\$@	!,(!!	!##	!	#,^*&)=\$
!!	Uff0G]	(*#	!!%	!#%	!	@,#)@)=@
	hDdf	\$(,)!*%	%,&,@@	&*,\$\$#	!*%	!!,\$&,(##	!@#

>f]M/li6p hgu0gf ; g\((!-tlfnsf ; Vof @% sf]cfwf/df_

*tVof8)\$ laefus]tVof8)\$sd f ullt pNnyM\$%#)

tVof8)\$ laefus]tlfnsfdf pNny ug{56 ePsf * hfltx?M sf7df8f}pkTosfdf a; fáf; ug]g]f/

; dbfosf blntx?Mkf\$] Rofd] s; f0{ sh; s; h]

t/f0df a; fáf; ug[blnt hfltx?MafT/, 8fQ, xnvf]

g]M @)%* ; fnsf]hgu0fgsf] tVof8)\$ xfn ; Dd tVof8)\$ laefun]k\$}fzg u/L g; s\$}xgfn]@)\$* ; fnsf]hgu0fgfnf0{g}cfwf/ dfgl k}t't ul/Psf]xf].

e!-5]f5t / blnt dxnfx

blntx?sf]; a); d:ofx?sf]h8 eg\$]g]5j f5'tsf]; d:of xf]. o; h]g}pglx?nf0{/fho / ; dfhsf] dh kafxaf6 cnu u/l ; gotfdf afRg afWb tNofPsf]5 . of]; d:ofsf]; a}e6bf a9L lzsf/ blnt ePsf] ePtf klg o; n]l; uf]/fi6hf0{g}cfomt agfPsf]5 . bž cfh lx; f+ o4sf]lzsf/ ePsf]5 . u/lal / cefa dh\$sf]kofafrl ePsf]5 . laZj d]lgw6td /fi6sf]kdf laZj ; fd' plePsf]5 . ; frf]cy6f eg]xf]eg] o; sf] dh sf/Of eg\$]f] afkD0fafbl cxdafb / o; n]; hgf u/\$] hflt kyf g}xf]. h; n] slxn] dfga ; dfhnf0{Gofo / ; dfgtfsf] b]i6sf]fn] xg}{; Sb8 . laZj lxGb' dxf; 3sf g]fx?n] æoxf hftlo efej, 5j f5't, ; fgf]7hf] pRr glr sxl 58 ; dfgtf 5 A / æo; k\$f/sf]; dfgtf ePsf]s'/f Joj xf/ df ptf/Psf] 5, :ki6 kf/Psf]5 A -; fksf6f, !((M_ / kzklt ; of gkfnsf g]fx?n]æ; #f/df lxGb' wd{k]rlg dfq x8 - of]hlt pbf/ / dfgalo dNo / dfGotf j f\$]f]wd{c? sg}58A-k] f0!((M_ eg] lbp; }/ft kfg{v]h]f klg lxGb' wd\$ / f/sx?sf]c; lxi0f' lrgtgn]cfh klg blntx? p]kl8gsf]lzsf/ ePsf 5g\

5j f5'tsf] k6fa lglZrt?kdf l; uf] blnt ; dbfodf k/\$]f]5 . blntx? knknndf ckdf]gt hljg lhpg afWb 5g\ of]af: tadf eg]xf]eg]g]kfn h: tf]k]hftfl6qs dh\$sf nflu cTo6t}nHhf: kb s'/f xf]. t/ of]oyfy{xf]. clxn]klg cglul6t 5j f5'tsf]Joaxf/ blntx?n]efl]b}cfPsf 5g\ lxGb' eP/ lxGb' b3l b3tfsf dl6b/ k3ž ug{al6rt, :sh, wf/f kw]f]; dbfo, lrof k; n cflbdf xg]b/Joj xf/ k]oIf?kdf bl]vg]5j f5't xf]eg]/fHon]pknAw u/fpg]>f] / ; fwgaf6 al6rt eP/ bf] f]bhf\$]gful/s eP/ hljg ofkg ug{afWb xg ck]oIf ?kdf xg]5j f5't xf]. o; sf]df/ c6tt blnt dlxnf?n]g}efl]g' k/\$]f]5 . blntdf xg]pkoQm /f]huf/sf] cefj, 0R5f cg; f/sf] a9L cfbf]gl xg] / ; lhnf] sfd ug{ ; dfhn] /f\$ nufPsf] xbf blnt k?ifx?sf]cfDbf]gl cTo6t 688 / sltko k?ifx? /f]huf/sf]nflu labžlg' kg{afWbtf]3/ bl]v aflx/sf]af6m ; d] blnt dlxnf af\$g afWb 5g\ To; df klg pglx?sf]lasNk eg\$]f]tNnf]t/sf]dhhb/l h:t}; fxsf]ef/l af\$g] v]ldf dhhb/l ug] 3f; bfp/f ug]cfbl dfq xf]. h; n]pglx?sf]hljg si6s/ dfq agfPsf]588 ; jf:Yodf ; d] kl'tsh c; / kf/\$]f]5 . clwsf; #blnt dlxnf? ufpmdf a:g]/ 5j f5'tsf]sf/0fn]af]emf] >d g}Psdq pglx?sf]lasNk ePsf]n] pd] gkl]b}a9f bl]vg]x65g\ c]f]t cfo'; d] c?sf]e6bf blnt dlxnf?sf]sd /x\$]f]5 . dfgl; s / zfl/l/s z]f]of Jofks?kdf efl]g' k/\$]f]5 . ol ; a ; d:ofsf]dh sf/Of eg\$]f]g]5j f5't xf].

e!-\$-z]fs l:ytl

/fHon]dg:d]t nufot lale6g lxGb' wd{zf:qsf] cfwf/df dlxnf / blntx?nf0{lzlff h:tf]cfwf/e't cfaZostfaf6 oluf]bl]v al6rt ub}cfPsf]xgfn]g}blnt / dlxnf]z]fs ca:yf boglo /x\$]f]oyfy{; a\$]f] ; fd' lbg]sf]3fd em}5n8)8 5 . oxl dfGotfsf]sf/0fn]ubf{g}x]hf gkfnsf blntx?df slxn]klg n]vg] k/Dk/f lyPg-sf]0/fnf, !((M%!. lxGb' wd]dfq xf]0g c6o wd{hf]lxGb' wd\$]; fldKodf lyP pglx?n]; d] blnt tyf dlxnf?sf]lzlffdf hf8 lbg rfx\$]f]bl]vb8 . km:j?k blntx?sf]lzlffsf]:t/ sg}sfnv08df dfly p78 ; s\$]f]bl]vb8 . Pssf0; f}ztf]Absf]k]f4df cf0k]bf ; d] clwsfz blntx? lzlffsf]pHofnf] 3fdaf6 al6rt ePsf 5g\ . ; g\!(()sf]Hfgu0fgfsf]tYof8)\$ cg; f/ blntx?sf]; flf/tf kl'tzt hDdf @@=* /x\$]f]5 / dlxnf?sf]; flf/tf kl'tzt @% /x\$]f]5 . of]tYof8)\$n]s]:ki6 kf5{eg]blnt / dlxnf b3} ePsf]n]blnt dlxnf?sf]ca:yf cem boglo /x\$]f]5 . hgu0fgfsf]tYof8)\$df g}blnt dlxnf?sf] ; flf/tf kl'tzt s]n !@ /x\$]f]p]n]v ul/Psf]5 . hg dlxnf ; flf/tfsf]/fi68 cf} t e6bf cfwf f sd /x\$]f] 5 eg]blnt ; flf/tfsf]cfwl e6bf sxl a9L /x\$]f]5 . To; df klg t/f0{blnt dlxnf]l:ytl cem boglo /xs]f]5 . hf]tnsf]tflnsfn]:ki6 kf/\$]f]5 .

tlfnsl @ llnu-7 eflnhs lqsf]cwf/df ; flf/tf klztz

lfq	kf?if	dlxnf	hDdf
lxdfn	\$*=)	!\$=)	#)=&
Kxf8	^!=&	##=\$	\$&=^
Tf/f0{	\$@=@	!^&	@(-&
Gf]kfn	%!=!	@#=#^	#&=\$

>f]M6d sG; N6 g]kfn-!(((M* _

blnt dlxfx?sf]; flf/tf klztz g}cToGt Gog /x\$fh]pglx?sf]lzlf k]ktsf]ca:yfnf0{; lhn}cgdfg ug{ ; lsG5 . o; ; aGwdf /fli6p:t/sf]oyfy{k/s tYof8)\$ eg]xfn ; Dd pknAw gePsf]tYof8)\$ut?kdf blnt dlxfx?sf]z]lfs ca:yf oxl g}xf]eg] :ki6 ls6fg ug{g; lsPtf klg sg}klg lf]df blnt dlxfx?sf]blvg ; lsg]; xeflutf xfn ; Dd gb]vPsf]of]oyfyhf0{; lhn}cgdfg ug{; lsG5 . d cfkm} ; Mlg ePsf]Ps cg'; Gwfgdf hf]g]kfn]kxf8, t/f0{ufpm ; x/ u/L cf7 lhNnfd ul/Psf]lyof]. pQm cg'; Gwfgdf ; Mlg dlxfn d]b]Ps hgf klg P; Pn=; = kf; dlxfn kfg ; lSpG . of]g]; du]g]kfn]t:jL/gePtf klg df]df]l cgdfg ug{; Sg]tYof8)\$ eg]xf]. To:t}l6d sG; N6n]; g\!(((df !* lhNnfd u/\$]cg'; Gwfgn]of]oyfyhf0{cf]ofPsf]5 . hf]lgdg 5 .

tlfnsl # M jif(ebf dflysf blnt k?if tyf dlxfn]eflfnhs lqsf]cwf/df z]lfs ca:yf

lfq	Mlyds		lgdg d]b]lfs		d]b]lfs	
	dlxfn	M?if	dlxfn	M?if	dlxfn	M?if
lxdfn	!&=)	#^=)	#=)	!#=)))
Kxf8	@&=)	#&=)	*=)	@!&=))	!&=)
Tf/f0{	!%=)	@&=)	\$=)	!#=))	!&=)
Gf]kfn	@=)	#&=)	^=)	!^=))	!&=)

>f]M6d sG; N6 g]kfn -!(((M* _

hfltsf]cwf/df lzlf]l:ylt s:t]5 eg]; aGwdf ; /sf/L tYof8)\pknAw gePsf]blnt dlxfn / u}\ blnt dlxfn]thgf]ds tYof8)\$ k]tt ug{; lsg]l:ylt gePsf]dflysf]tYof8)\$ k]tt ul/Psf]xf].

e!%-jf:Yo ca:yM

u/lalsf]dlxfn]of / blnts/of j t]dfg oyfy{xf]. l; uf]blnt ; dbfo g}u/lal / cr]g]sf]hfn]df 3]P/ /x\$ 5g\ . o; n]; du]blntx?sf]:jf:Yo l:yltdf kl]tsh c; / u/L /x\$]5 . Team Consult / Action Aid Nepal n]u/\$]; a]f]of cg'; f/ of]; dbfodf afnd]ob/ ; a}eGbf a9L /x\$]tYo cf]ofPsf]5 . pglx?sf]alr lgd]l]gof, 5fn]sf]/fu,emf8f kvfnf lfo /fu / bft ; a]Gw ; d:of hl6n /x\$]5 . r]gf:t/ Gog /x\$fh]clxn]klg clwsfz blntx? wfdl emf]ldf laZjf; ub5g\ ; kt/L lhNnfd ul/Psf]Ps ; e]f]of cg'; f/ \$# kl]tzt wfdl emf]lx? clxn]klg wfdl emf]ldf laZjf; u5G . @% kl]tzt :jf:Yo rf]ldf ; ks{ u5G\ #@ kl]tzn]dfq xl:k6nsf]; j]f ln65g\ . xg t of]tYof8)\$n]; du]g]kfn]blntx?sf]:jf:Yo l:yltsf]kl]t]glw]j ubg . t/ Pp6f ; To s]f]eg]blntx?sf]j t]dfg ca:yf cf]tdf nueu Pp6}ePsf] dfl]y pln]vt tYof8)\$n]cf]tdf blntx?sf]:jf:Yo kl]tsf]wf/offnf0{k]tt u/\$]oyfyhf0{eg]gsfg{ ; lsbg .

clwsfz blntx?n]wdkfg tyf d]b]kfgnf0{cf]k]k] k/Dk/fut vfgkfgs}kdf lnPsf]bl]G5 . km:j?k pglx? o; sf]shtaf6 nueu w]blntx? k]flat ePsf 5g\ . blnt dlxfn? ; d] o; sf] shtaf6 k]flat ePsf 5g\ t/f0{tyf kxf8df a:g]clwsfz blnt dlxfn?n]hf8 /S; l ; j]g ug]wdkfg ug]afglnf0{; fdf]G?kdf lng]ub5g\ . o; n]pglx?sf]:jf:Yo l:yltdf kl]tsh k]fa kf/\$]5g}. o; sf]; fy pglx?sf]l; ldl]t cf]b]l]gsf]7hf]lx.; fsf]; d] b?kof]u ePsf]5 . kl/jf/sf]; a}7hf ; b:ox? o:t]lsl; dsf]

shtaf6 kəflat ePsf] ; fgi afnafnsf ; d] o; sf] lzsf/ ePsf 5g\ . u/lal / c1fgtfsf] sf/0fn] pglx?n] k]f]of oQm vfg s/f]sf] kōf] Psbd sd u/}sf] kf065 . c]dbfglsf] clwsfz lx:; f k]f]of oQm vfg}f/df kōf] ug}sf] ; f}f] wdkfg / d]wkbfgdf kōf] u/}sf] kf065 . PS; g P8 gk]fnn] u/}sf] Ps ; e]f]of cg' f/ t/f0}f \$@ kl]tzt dlxf / %* kl]tzt k?ifn] wdkfg ug]ub5g\ ; f}l ; e]f]of cg' f/ s] n ! kl]tzt blntx?n] dfq r]k}sf] kōf] ug]ub5g\

blnt ; dbfodf k/lj/ lgo]hg ; a6wl 1fg 6ō /x}f} . lbuf]hljg sfo]md / jftfj/0flo s]if tyf lasf; s]b]cR5fd lhNnsf]% uf=a=; =df u/}sf] ; e]f]of cg' f/ blnt dlxf?sf] k]hgg b/ /fli6ō c]f]t e6f a9l b]v]f0Psf]5 . h; cg' f/ blnt dlxf]sf] k]hgg lfdt ^# /x}f]5 eg]/fli6ō c]f]t %-& /x}f]5 . hg blnt dlxf]sf] :j:f:Yo l:y]tdf gsf/f]ds kēfa kfg]Pp6f sf/0f xf] . ; }s}l u/fpg]k/Dk/fut tl/sf, jif] aRrf h6dfpg' kg]af]w]t, u/lalsf] sf/0fn] ; }s}l ca:ydf ; d] >d ug]kg]af]w]t] blnt dlxf?sf] :j:f:Yo l:y]t c]o6t boglo /x}f] tYo k}6 ub5 . klZrd gk]fndf 5fpk8l kyf ; a} ; dbfodf ePtf klg o; sf]gsf/f]ds kēfa a9l blnt dlxf?nf0{k/}sf]5 . slyt 7hf hftx?sf] cfly\$ ca:yf blntx?sf] thgdf s}l /fd] ePsf]h] 5fpk8lu7 agf]bf c]n Aaal:yt a:g ldn] v]fnsf] agf065 . t/ blntx?sf] cfly\$ ca:yf sdh] r]gf:t/ 6ō ePsf]o:tf uf] agf]bf s}n gfd dfqsf]c:j:Yos/ uf] agf065 . Ist dlxf? c]f}f/df ; }g hfg]k/Dk/ 5 . o; n] blnt dlxf]sf] :j:f:Yo l:y]t c]o6t kl]tsh c; / kf/L /x}f]5 . ol blnt dlxf?sf] k]hgg :j:f:Yo ; u h]f]Psf c]o6t hl6n ; d:ofx? Xg o; n] blnt dlxf?sf] ; uf] :j:f:Yodf g}gsf/f]ds c; / u/L /x}f]5 eg]csf]t/ lkt[Qf]ds ; f] / ; Argfsf sf/0fn] 5f]l]sf] :j:f:Yo e6f 5f]f]sf] :j:f:Yonf0{a9l k]y]ldstf lbg] ePsf] klg pgl]sf] :j:f:Yol:y]t bolgo xg' :j eflas xf] .

e]-^l]glt lgd]f]sf] l]qdf blnt dlxf]

glt lgd]f]sf] l]q e6fn]/f]ho ; e6qsf]dflyNnf] :t/sf]glt lgd]f / sfo]o ug]l]gsfo hxaf6 /f]hodf pknAw >f] / ; fwgnf0{sg l]qdf nufpg pkoQm 5 eg] lgo6 ul/65 . of] l]qdf c]xn] ; Dd pknAw tYof8} \$x?nf0{x}f] eg] blntx?sf] pkl:y]t g} ; f}l6ō /x}f]5 eg] dlxf pkl:y]t klg ; Gt]f]hgs 5ō . o:tf] :y]tdf blnt dlxf?sf] kl]t]glw]j sf]s/f p7fpg xjdf dxn agfpg' h:t}xg5 . /fhg]ts l]qdf x}f] eg] :y]glo:t/df Tof] klg uf=a=; =sf dg]lgt j 8f ; b:odf s]n % kl]tzt blnt dlxf?sf] kl]t]glw]j afx}f c6o sg} klg l]qdf blnt dlxf?sf] pkl:y]t ; 6o kfo 5 . :y]glo:t/df kl]t]glw]j xg g; s}f]at6fg ca:ydf /fli6ō :t/sf] kl]t]glw]j df ; 6otf c]fg' :j eflas xf] . /f]hosf] c6o ; e6qnf0{x}f] klg blnt dlxf?sf] l:y]tdf k]w]s b]v]bō . k}f; lgs lgsfodf :j f:Yo l]qdf Ps hg] blnt dlxf pk; lra afx} c6o sg} pRr c]f]b]df blnt dlxf]sf] pkl:y]t 5ō . 6ofo k}f; gsf] l]qdf pglx?sf] pkl:y]t ; 6o 5 .

k]hft6qsf] :y]kgf kl5 dlxf?nf0{glt lgd]f]sf] q]m]ds?kn] cu} / / ; xeflu agfpg] p4]on] /f]hon] s}l g s}l ; sf/f]ds lae]sf pkfox? can]dag u/}sf] b]v]65 . h:tf] kl]t]glw; e]df % kl]tzt dlxf clgafo?kdf p7fpg' kg]Aoa:yf, /fli6ō ; e]df # hg] dlxf?sf] clgafo{k]t]glw]j xg' kg]c]fbl sf/0fn] ubf{l:a:tf/} dlxf?sf] ; xeflutf glt lgd]f ug]l]qdf a9l} uPsf]5 . t/ o; Joj:yfn] blnt dlxf?sf] ; xeflutf a]ldf eg] s}l c; / kfg{; s}f]5ō . o; lsl; dsf] Joj:yfn] pglx?sf] oyf] :y]tdf kl/j tō Nofpg ; Sg]sg} ; e]fagf b]v]bō . To; h] pglx?sf] glt lgd]f ug]t]xdf kl]t]glw]j u/fpg ; Sg]laz]f aftfa/0f]sf] lgd]f /f]hon] ug]kg]b]v]65 .

e]-&u} ; /sf/ ; yf, dlxf c]b]f]g / blnt dlxf]

gk]fnsf] dlxf c]b]f]g s}l bzs cuf8l ; Dd /fhg]ts c]b]f]g]sf] k b]v] k/}sf] ePtf klg k]fotl Joj:yf]sf] pbo kl5 of]Pp6f ; fdf]hs c]b]f]g]sf] kdf klg b]v] k/}df] . laZ]df b]v] k/}sf] dlxf lasf; ; a6w lale6g wf/sf] ; u}gk]fndf klg o; sf] kēfa k/}sf] b]v]65 . k]fotl zfzgsfn calw e/ of]

Pp6f ; wf/afbl ; fdfllhs cfbfngsf?kdf /x0f]. o; calwe/ /fhong}dlxnfx? ptyfgsf]nflu laleG vfn] ; wf/afbl sfoGmdx? ; #fng u/\$f]blvG5 . h; df lzlf.;j.f:Yo / cfo cfhg ; a6wl sfoGmd k0v 5g\ khftGqsf]kg/:yfkf kl5 klg of]; fdfllhs cfbfngn]lg/Gt/tf kfPsf]blvG5 / o; lfdk k0v eldsf lgefpg?df ux| ; /sf/L ; #yfx? cu|yfgdf /x\$ 5g\ khftGqsf]sxl ; do o:t}vfnsf]sfoGmdx?df ux\ ; /sf/L ; #yfx? a9L ; #lg ePtf klg laut sxl aif{otf of] lfgn] dlxnfx?sf] xs clwsf/ / dfga clwsf/sf] s/fx? klg p7fpg yfn\$] 5 / sxl ; wf/afbl sfoGmdx?n] dfq dlxnfx?sf] ; du| ca:yfdf kl/j tG cfpG g; Sg]/ o; sf nflu dlxnfx?sf]kl|tlglwTj /fhosf]gllt lgdffsf]lfdk clgafo?kdf xg' kg] eGg]cfjfh lemf?kdf eP klg p7fpg]k0Tg u/L /x\$ 5g\ . /fhon]afx| aif\$] calwdf ; fdfllhs tyf cfly\$?kGt/0fsf nflu h]h: t]k0Tg ug{kg[xf]Iof]txdf k0Tg xg g; s\$] eibrf/ a9\$]z; fg g/x\$fh] cGt//fli6p bft[; #yfx?sf]; xofu ol ; #yfx? dfkmf nufgl xg]j ftj /of j 9\$fh]dfhfpG]ca; / lgs}kfPsf 5g\ . /fhosf]c6o s/f h]; S}ePtf klg ux| /sf/L ; #yfx?nf0{lasf; sf]; femf/L ; #yfsf?kdf x7\$fh] ux| /sf/L ; #yfx? dfhfpG]ca; / kfPsf 5g\ . gjf}ofhgfsf]k:tsdf atf0P cg; f/ xfn gkfindf ux| ; /sf/L ; #ffsf]; Wof !%))) ku\$]cGdfg 5-cfrfo@)%&!*^_ . o; dWb]dlxnfx ptyfgdf s0fzln *\$\$; #yfx? /x\$ 5g\

-cfrfo@)%&!*^_ . ol ux| /sf/L ; #yfdf sxl blntx?sf ; #7gx? klg 5g\ . ux| /sf/L ; #yfx? afx\$ /fhglt's kf6L?sf eft[#7g dfkmf klg dlxnfx cfbfng cuF8L a19 /x\$]5 . ol ; a}; #yfx?n]; #fng u/\$f]gkfnl dlxnfx cfbfngsf]0ltxf; kfr bzs hltsf]dfq 5 . clxn]; Ddsf]dlxnfx cfbfngdf j fxg lfdl / cflbjf; l hghltdf gjf/ dlxnfsf] ks8 5 / gjf/L dlxnfx dWb] w7h; f j fxgafbl ; f]sf 5g\ e68rg, @)%*M*^_ . of]cfbfnhgdf ; xeflu dWb]sxl cfbfngsf/Lsf]; xfgelt blnt dlxnfx? dfly ePtf klg k/Dk/fut dNo dfG0tsf]k0faaf6 ol dlxnfx cfbfngsf/L cnu /x7 cfbfngsf]bfo/fnf0{km/flsnf]kfg{ ; s\$] eg] 5gg\ . blnt dlxnfx kl|t olglx?sf]xg]bl]6sf]0fdf c?sf] eGbf vf; }cGt/ bl]vbG . olglx?sf] ; f]df blnt dlxnfx?nf0{ ; fy lnP/ ; #} dlxnfx cfbfngnf0{ cuF8 a9fpg' kg0f blnt dlxnfsf nflu u/lbg]ePsf]7fGg]k0ePsf]blnt dlxnfx?sf]pkl:ylt / ; xeflutf cfaZos g7fGg]jf efu glng]jf cfaZos / oyfllrt ; xofu gug]k0t bl]vPsf]5 - e68rg, @)%*M*^_ . olt ; Dd ls cfknhf0{dlxnfx clwsf/afbl 7fGg?n]blnt dlxnfx?sf]; a0gzln ; jfnx?nf0{ ; d] dlxnfx ; jfnf?kdf p7fpg\$]; f6f] pN6f]ck/flwnf0{ ; fy lbg]sfo{ ; d] u/\$f]kf0Psf]5 .

ol ; #7gn]dfq xf0g blntsf ; #yfx?n]; d] blnt dlxnfx?sf]; jfnnf0{blnt / dlxnfx cfbfngsf] ; jfnnf0{cfbfnhgfsf]Pp6f lx:; fsf?kdf p7fg ug{ ; ls/x\$]5g .

e!*-cGt/hftlo laaxf / ofg zif0M

hftlo k/Dk/in]gkfnl ; dfh hit; S}hsl8Psf]ePtf klg oxsf dlxnfx k?ifx?n]of]l; dnf0{ouf] bl]v gf3b}hit ; S}lk8f / ; d:ofnf0{ ; xg' k/]klg cGt/hftlo laaxf ug{eg]kl5 k/\$f 5gg\ . sg}g sg?kdf of]k/Dk/in] lg/Gt/tf kfPsf]5 . t/ laaxf]{efas eP/ Psn]csff0{cufn]f klg laaxf kl5 ; dfhn]o; lsl; dsf]; a6wnf0{ ; xh}g:jlSfg]ePsn]clwsfz o:tf lsl; dsf laaxf cGtt ; a6w laR50df kl/0ft xG5 . o:tf]laaxfsf]; a}eGbf a9ldf/ blnt dlxnfx?n]efllg' kg]xG5 . o:tf ; of}36gxf?sf pbfx/0f xdf]; fd' 5g\ of]; d:of k9]ny\$]f lzlfift dlxnfx bl]v ; dfG0 dlxnfx ; ah]; dfq?kdf ; fdgf ug{kg]xG5 . Psflt/ cGt/hftlo laaxfsf]hl6n ; d:of blnt dlxnfx?sf]a/afblsf]sf/0f ag\$]5 eg]csf]lt/ blnt dlxnfx?sf]ofg zif0fsf]; d:of klg rsf?kdf b]v kl/ /x\$]5 . sltko blnt hltsf dlxnfx? t k/Dk/fut?kdf g}a7ofa[tdf ; #lg xg afl0 5g\ gkfnf laleG 7fpm / ef/tsf a7ofno lalqmG]dlxnfx dWb]clwsfz dlxnfx? hghlt / blnt dlxnfx? /x\$]oyfy{laleG ; dodf kqklsfdf / laleG ; 3 ; #yfn]k\$flzt u/\$f]tYof8) \$af6 :ki6 xG5 .

#-!llcfly\$ ca:yfll

ouf}blv /fHon]blntx?nf0{lzlff tyf ; kIQ cfhg ug{kOf?kdf algrt u/\$fn]; dudf blntx?sf] cfly\$ ca:yf cToft boglo 5 . lxB'wd{zf:q dg:d[tf cg; f/ blnt eg\$]c?sf]h7fkfhd afRg] slyt 7hf hfltsf]; jf ug{hd\$ / cGo hfltx?sf]a:tl ebf afxl/ emk8ldf a:g' kgI hfltsf]kdf JofVof u/lPsf]5 . To; \$f]kefan]blntx? atdfg ca:yfdf klg u/lalsf]bnbnaf6 dOm xg ; Sg]ca:yf 5g\ sl/a ^% kl'tzt blntx? u/lalsf]/yfdgl afR5g\ -zdf@))l\$. blnt ; dbfosf]cfly\$ ca:yf g}bolgo ePsf]atdfg ca:yfdf dlxfn To]klg blntsf] l:ylt s:tf]xfhf To]; xh}cgdfg ug{; lsg5 . gkfnsf]; Gbedf eG]xf]u/lalsf]dlxfns/Of / blnts/Of ePsf]5 eG' kb{sg}cltoQm gxfhf . oxl rkofdf k/\$f 5g\blnt dlxfn? . blnt dlxfn?sf]cfly\$ ca:yfsf]laZn]f of ubf{blntx?sf]; du|cfly\$ l:ylt,eld dflysf]kxr, /f]huf/Lsf]ca; / / >f] / ; fwg dflysf]kxr af/]pNny ug{pkoQm xg]5 .

#-!ll/al / blnt

u/lal blntx?sf]kofr]l xf]. lxB' zf; sx?n]dlxfn / blntx?nf0{; kIQ / lzlff blv ; bf ; jbf algrt ub]cfPsf 5g\ bf; sf]lsf dflg; x? ; dy{ePklg slxn]JolQmut ; kIQ hf\$g'xbg eG]klfdf hf\$ lbb}dg:d[tdf o:tf]elgPsf]5M

zIQm]flk lx zblf g sfof]wg ; #0.
Zfbf]lx wgd; B al]xOfg]f]afw].

Dfg:d[tf cllofo b;,Znf\$!@

cyf af]4s, zfl/l/s jf kl/l:ylt j ; ; dy{ePtf klg zb|hfltsf dflg; n]wg ; kIQ hf\$g' jf cfhg ug{ xbg . o; hfltsf dflg; x?n]; kIQ cfhg u/]eg]pRr ju\$ afxg,lfql hfltx?nf0{afwf klb5 .

/fHon]g}zbn]df6f\$]ef8f]df vfg' kgI vk8fsf]3/df a:g' kgI wg ; kIQ hDdf u/df]eg]af]x00nf0{ ckOf ug{kG]cfoyf sg}klg ahf af]x00fn]vf]] lng ; Sg]cflb sfGgsf]lgdfOf u/l zb|cyf\$ blntx?nf0{ ; kIQ >f] / ; fwg blv algrt u/\$f]/ atdfg ca:yfdf /fHon]of]Joj :yfsf]pGdhg u/L ; dfgtdf cfwf/t sfGgsf]lgdfOf u/\$f]ePtf klg dht ; dfh ol g}dNo dfGotdf cfwf/t /x\$fn]blntx?sf]cfly\$ ca:yf bolgo /x\$]5 . /fHon]ouf}blv blnt dfly nfbPsf]z]f]f / bdgsf]cGo u/L pglx?sf] l:yltdf kl/j tG ug{]ftf/Of tof/ gePsf]n]g]l:yltdf ; wf/ cfpG g; s\$]xf]. 8f= xl/j z emsf cg; f/ em08}^* kl'tzt blntx? ul/alsf]/yfdgl hljg Joltt ug{]fllo 5gV bZdf u/l]lsf]/yfdgl h]hlt hg; Wof 5 To; sf] ax'; Wos efu blntx?ng}cf]6\$ 5g\

#-!e llal/f]huf/L / blnt

k/Dk/fut lzk / snfsf wgl blntx? lautsf sxl bzs ; Dd bZsf]; fdf]hs, ; f:s[ts tyf cfly\$ lasf; sf cfwf/:te lyP . >f] / ; fwgdv vf; }kxr geP klg pglx?nf0{hljg ofkg ug{Toft ufx]lyPg . ; dfhdf blnt hfltx?n]ug]sfonf0{ u}blnt hfltx?n]u/df]eg]; fdf]hs?kdf lt/:s[xg]8/n]lj utdf blnt hfltx?n]ug]kZdf cGo hfltsf]x:tlfk lyPg / blntx?sf]klg To]blv cGo lasNk gePsf]n]cfkng} kZdf l; ldt xg Ps k\$]n]af]l lyP . t/ laut kf# bzsd ffwlgs/Of, klZrds/Of, zx/ls/Of, ahf/ls/Of / ed08nls/Of cflb k\$]sf sf/Of blntx?sf]k/Dk/fut kZdf cfwf/t, ; lk, 1fg / pTkfbg lg/y\$ aG klOf]- e6&rg, @)%*M**_ . k/Dk/fut lzk / kZfaf6 blntx? la:tf/]la:yf]kt xb}hfg af]llo ePsf]blvG5 . k/Dk/fut kZfaf6 la:yf]kt blntx?sf]/f]huf/sf]Psdq lasNk tNn]t/sf]>d afx\$ cGo sxl klg blvPsf]5g\ . To]klg hflto 5j f5'tsf]sf/Ofn]l; ldt 7fpdf l; ldt aG ku\$]5 . hg 7fpdf 5j f5'tsf]kafx ul/bg To; 7fpdf dfq blntx?n]ca; / kfpG]cfoyf ldtf ePklg /df] /f]huf/L kfpG] ca:yf 5g\ :j bZdf /f]huf/sf]cefa ePsf]n]g]clwsfz blntx? labZt/ /f]huf/sf]nflu vf; u/L ef/t /

vf8l dhsIt/ hfg]křng Jofks?kdf /xšf]5 . t/ Toxf klq /fd]sfdsf]nflu cfaZos blftf blntx?df gePsf] /fd]cfDbfgl ug{; Sg]l:ylt 5g .

#-!-# Medl dflysf]:jfdltj

gkřfn dht s[ifdf cfwf/lt cy{Joj :yf ePsf]bž xf]. em08}*) klřzt eGb f a9l hgtf s[ifdf cfwf/lt 5g\ s[ifdf cfwf/lt cy{Joj :yf ePsf]s[ifsf]cfwf/ egšf]eđl xf]. t/ o; bžsf]pAhl off]o eđlsf]ax'; Vos lx;; f d7xl e/ JolQmf l; ldt 5 . t/f0{pJhglSf]lx; fan] dxTj k0f{eđl xf]. t/ oxf a; řaf; ug[clwsfž AolQm? eđllxg ca:yfdf 5g\ To; dlb]clwsfž blntx? kb5g\ blntx? eđllxg?sf]kofřfrl eGb cltolQm gxřf-e6đrg nufot,@))!M^ . Křf8l Onfsdf klq eđllxg egšf blntx? g]xg . gkřndf hdlg dflysf]:jfdltj xg'egšf]wgl xg' zIQm xg, ; fdf]hs klři7f xg' / :jfdltj gxg' egšf] u/La xg', zIQm lxx xg' / ; fdf]hs klři7f gxg' xf] e6đrg,@)%*M**_ . gkřndf ašllks /řhuf/sf]cejf ePsf]eđl dflysf]křr gxg egšf]blntx?sf]/řhuf/lSf]ca; / gkřpg' h:t}xf]. tnsf]tflnsf]blntx?sf]eđl dflysf]:jfdltj s:t]5 eG]kř7 křb5 .

tflnsf \$Mblntx?sf]eđl dflysf]:jfdltj

qm;	hft	Eđllxg klřztdf	% /řlg eGb sd klřztdf	^ b]v ! /řlg klřztdf	!! b]v @ /řlg klřztdf	e! /řlg eGb dfly klřztdf	řhdf ;Vof
!	sfdl	!!=@	\$^=%	!*=*	!&=!	^=%	!&)
@	bdf0{	@*=*	%%=!	!!=%	#=@	!#	!%^
#	; fsl{	&=^	\$&=*	@\$=@	!^=&	#=*	!%&
\$	afbl	#(=!)	#(=!)	!#=-)	\$=&	\$=#	\$^
%	řřřł	##=#	^^=&				#
^	8đ	* *=@	!!=*				!&
&	řřř0g]	\$! =!	\$% =!	(=*	#=(%!
*	X8s]	!))=)					*
(s; f0{	@#=%	&#=%	@=(#\$
!)	Dř; x/	##=#	%%^		!! =!		(
!!	Křřř]	@! =&	%%^	@! =&			@#
	cfřřt. hDdf	@# =)	\$* =&	!% =^	(=^	# =!	^&\$

>řřM zdf{ řřř / /řg-!(((\$M\$#_ sf] tflnsf !* df lbOPsf cřlfaf;L hghřtx?- afř] rřřř), lwdfn, ls; fg, sđfn,dř] /řhl, ; Qř/, yř? / p/řp cyřř emřř_ sf] tVof8)\$ lgsf] blntx?sf]dfq klřztdf lbOPsf]tVof8)\$ lnOPsf]5 .

#-!-\$M>řř / ;fwg dfly křřř

/řhdf klřs[ts Pjd eřřřs?kn] pknAw >řř / ;fwgdf ; a}eGb sd křr blnt To; kl5 dlxnř?sf] 5 . blntx?nf0{/řhon]g}bř] ř]bhřř]gful/ssřřkdf Joj xf/ u/řř] pglx?sf]; xeflutřnf0{ dxTj glbPsf]xřgn]g}of]ca:yř ; řřř ePsf]xf]. ag hřn xf] jf křl, eđl xf] jf /řh04f/f latl/t cřo ; lawř? ; ađf blntx?sf]křr cřořt Ğoğ /xšf]5 . labžl bft[; :yřř?n]gkřnsf]u/Lal lgj f/0fsf]nflu eg] pknAw u/řřsf]; xofřdf ; dř blntx?sf]křr eGb aflx/ 5 .

dfly pM]řt ; du|cřřř ca:yřn] s]:ki7 kř/řř]5 eg]blntx? cřřř b/fca:yřsf]bnbnaf6 dQm xg ; sřř 5g\ pglx? o; }wtłđf a; řaf; ug[; řřř clwsf/ ; křg gful/s ge}cřořaf6 cřřř

z/Off/yL\$]eGbf klg tNnf]t/sf]hljg ofkg ug{afNlb 5g\ t/ of]l:yltN]; hgfsf]kl/l:yLtsf]lZsf/ blnt
dlxnf ePsf 5g\ gkfnl k/Dk/f cg; f/ dlxnf]3/of; l sfd ug{ / k?ifn]afix/ u}cfly\$ pkfhg ug{ / x]f
klg blnt k?ifx? kofft / pkoOm /fhuf/laf6 ; bf ; af afgrt /xb}cfPsf]dlxnf? 3/ leq / 3/
afix/sf]bfxf]f]afemaf6 kl8t xg ku\$ 5g\ k?ifsf]l; ldt cfdBfgl To]klg clwsfz k?ifx?n]wdkfg /
dBkfgsf kofu ug{ePsf]n]; fem laxfgsf]b0 5fs 6fg{; d] wf}wf}kg{ca:yf /x\$fn]o; sf]; koff{lhDdf
dlxnf?n]lng' kg{x65 . blntdf klg blnt dlxnf ePsf]n]pknAw >f]af6 koff{kdf blnt dlxnf? algrt
5g\ o:tf]l:yLtdf blnt dlxnf? k5fl8 kg{:j eflj s xf].

\$-!-)lca s]ug{k5{<

ouf}b]vg}l; uf]blnt ; dbfonf0{/fhon] g}pk]ff u/L koff{kaf6 /fhodf pknAw >f] / ; fwgsf]
pkofuaf6 algrt /x\$]f]; dfhdf laBdfg c; dfgtfsf kvf{x?nf0{x6fpg 7f] kxn xg g; s\$fh]blntx?
lzk / snfsf wgl xbf xb}klg pTkl8gdf afRg laaz kf/lPsf 5g\ olg}pTkl8g / bdgsf lzsf/ agf0Psf
; dbfo leqsf dlxnf h; nf0{/fh0 ; Of,wfld\$; Of / hftlo ; Ofn]t lyr\$]5g}To; df klg k?if ; Ofn]
; d] lyr\$fn]Pssf0; f]; tfAb]sf]k]f4df cfpbf ; d] ; fdflhs dof{fsf]; a}eGbf tNnf]w/ftndf plePsf
5g blnt dlxnf? . ha ; Dd pglx?sf]oxl b/fca:yf /xl /x65 / /fhon]pglx?sf]lrTsf/nf0{; Gbg ta
; Dd blnt dlxnf?sf ca:yfdf vf; }kl/j tG cfpG ; Sg]b]vbg . / csf{s/f s]; To xf]eg]ha ; Dd
/fhon]blnt dlxnf?sf]p]yfg u/L pglx?nf0{/fi6\$]dh k]fxdf Nofpg]kof; ub{/fhosf]; du|pGgt g}
c; ea kfo 5 . pglx?nf0{lasf; sf]dh kafxaf6 cnlofpg' eg\$]/fhosf]Ps lx.; fnf0{koff{kdf pk]ff ug{
xf]. To; h]pglx?sf]p]yfgsf]nflu /fh0 koff{kdf lhDd] f/ 5 .

kwfGdGql z] axfb/ b]j f ; Qdf klG]lalOs}hf/L ug{ePsf]cf7 ab]3f]f0ff kq kl5 dlxnf lawos
; #bsf]Pssf0; f]clwazgaf6 kfl/t ePsf]5 . o; n]dlxnf?sf]clzsf?kdf ; kQ ; aGwl sfggl clwsf/sf]
:yflkt u/\$]5 . o; n]s]l dfqdf eP klg blnt dlxnf?nf0{/fxt gku\$]t xfoG . t/ u/lal / cefasf]
bnbn]df km; j boglo l:yLt afr\$] blnt ; dbfosf dlxnf?sf]; du|p]yfgsf nflu of]sbd eg]kofft 5g
. oltdfG xfoG . clxn]; Dd h]hlt k]awfgx? dlxnf?sf]nflu /fhon]Jo; yf u/\$]5 lt k]awfgx?n]; d]
blnt dlxnf?sf]atdfg ca:yfdf kl/j tG Nofpg ; Sg]:yLt 5g . Isgeg]clxn ; Ddsf]o; sf]sfoG og
klfn]b]vfo ; s\$]5 . To; h] /fhon]blnt dlxnf?sf]ud\$]xs clwsf/sf]kg/:yfkf u/L ; dtfdhs
; dfhsf]:yfkf ug{rfxg]xf]eg]pglx?sf]nflu laz]f sfoG]dsf]3f]f0ff ug{kg]lgtf6t cfaZos 5 .

blnt leq klg pTkl8gdf k/\$]f eg\$]blnt dlxnf? xg . blntx?sf]; du|p]yfgsf]nflu eg]
/fhon]sg]sfoG]nd Nofp5 eg]To; df laz]f hfB blnt dlxnf?nf0{lbg'kg{x65 . Isgeg]blnt dlxnf?sf]
l:yLtdf ; wf/ gcf0sg blntx?sf]l:yLtdf ; wf/ cfpG ; Sg]ca:yf 5g\ dlxnf eg\$]x/\$; dbfosf hlj g
cfwf/ xg . elG5 Pp6f cfdg g lzllft xg' eg\$]; du|kl/j f/ g}lzllft xg'xf]t/ Pp6f k?if lzllft xg'
eg\$]p cfkm dfq lzllft xg' xf]. To; h]blntx?sf]hh{ l:yLtdf ; wf/ Nofpg 5 eg]blnt dlxnf?sf]
l:yLtdf ; wf/ Nofpg klxnf]k]yldstf lbg' kg]cfaZos 5 . ; /sf/n]blntx?sf]l:yLtdf ; wf/ Nofpg /
pglx?nf0{/fhosf] dh kafxdf Nofpg klRr; jif]lb3\$flng glt / cfudl bzf}k# jlif6 of]hgdf
blntx?sf]nflu laz]f sfoG]nd ; #fng ug{kfr jif]/ofglit ; d] tof/ ub}5 . o; lb3\$flng glt tyf
sfoG]nd blnt dlxnf?nf0{k]yldstf lbP/ tof/ ug{; Sof/ To; sf]kefasf/L sfoG]ogsf]nflu Wofg lbof]
eg]caZo klg blnt dlxnf?sf]l:yLtdf ; wf/ cfpG]5 . cGoyf of]; d:of cem h/h/ / hl6n a6b}hfg\$.

gkfn o:tf]bz xf]h; n]; eOm /fi6\; 34f/f hf/L ul/Psf clwsfz dfga clwsf/ ; aGwl ; lw
; em]ix?df x:tf]f/ ul/ ; s\$]5 . o; / ; Gwl ; em]idf x:tf]f/ ug{eg\$]To; df pNny ePsf x/\$
abfx?nf0{cfkny}bzsf]sfgg ; /x dfGotf lbg'xf] / clf/z dfGotf lbP/ nfu' ug{xf]. t/ /fhon]h; /l
xNsf?kn]ol ; Gwl ; em]idf x:tf]f/ u/\$]5 . To]cg?k nfu' ug{; aGwdf eg]vf; }rf; f]b]vPsf]5g .

blnt dlxnfx?sf]dfga clwsf/ ; Af0f u/L pglx?sf]p]tyfg ug{xf]eg]ol ; Gwl ; ænf]fx?sf]klg c]f/z kfnfg ug{kg]cfaZostf 5 .

/fHon]blnt dlxnfx?sf]; du||:yltsf]laZn]f0f u/L lb3\$flng tyf cNk sflng glttx? lgdff ug] tyf To; sf]kæfasf/l sf0f]odf W0fg lbg' c]0t h?/L 5 . cGoyf ; du|dlxnfx?sf]nflu elg Nof0Psf glt tyf sfoqmdx?n]vf; cy{g/fVg]lg]Zrt k]o 5 . To; h]tklznsf lfgdf s]b]t eP/ glt tyf sfoqmdsf]th]f / sf0f]og ug{; Sof]eg]cfufdl klRr; j if{leqdf lglZrt?kdf blnt dlxnfx?nf0{/fi6] lasf; sf]dhkæfxdf Nofpg ; lsg]5 .

blnt dlxnfx?nf0{/fi6]lasf; sf]dh kæfxdf Nofpg nfu'ug{cfaZos lb3\$flng tyf cNksflng glttx?

wfdl\$ tyf ;f:s]t /0glit

l; =g=	glit	sf0f] og ug{tl/sf	lhDd]f/ lgsfo
!	<ul style="list-style-type: none"> ◆ ; fj h]lgs tyf glh lfgdf xg] hftlo 5j f5'tsf] cGto ◆ ; lawfg / sfgg tyf cGt//fi6] o ; Gwl ; ænf]fsf] kæfasf/l sf0f]o 	<ul style="list-style-type: none"> ❖ Hftlo 5j f5't xg]lfgsf]klxrfg ug{ ❖ lxdfn, kxf8 t/f0df xg] km/s km/s lsl; dsf 5j f5'tx?sf]klxrfg ug{ ❖ To; sf]cleny /fVg] ❖ /fhg]ts kf6] ; fdf]hs ; 3 ; :yf, wfdl\$; 3 ; :yfx?nf0{kl/rfng ug{ ❖ hgr]gf cleofg ; æfng ug[h; df blnt tyf ux\ blnt dlxnfx?sf]; xeflutnf0{laz]f hf\$ lbg] ❖ z?df blntx?sf] ; fa]lgs lfgsf] pkef]nf0{ ; lglZrt ug{ ❖ wfdl\$; ef ; df/f]xdf blntx?sf]; xeflutnf0{laz]f hf\$ lbg] ❖ kl8tx?nf0{ blntx?n] ug] wfdl\$ sf0df cf0 sd\$08 ug{k]f]; ffg ug{ ❖ lxb' wd{k/Dk/f cg' f/ ul/g] ; k0f{ ; :sf/x? ug{ blntnf0{; xof] ug{ ❖ ; xef]hx?sf]cf0f]hgf ug{ ❖ 5j f5'tsf] db]nf0{ ; /sf/afbl db]sf]kdf ln0g' kg] ❖ sg} klg hftn] :j:Yo vfgf vfg' :j:Yosf] nflu xfglsf/s 5g]eg] k]f/ k] f/ ug{ ❖ hftlo 5j f5'tsf]db]nf0{ ; /sf/afbl agfpg] ❖ /fHo; æqdf a;] ; /sf/sf] glt lgod, sfggsf] sf0f] og ug] JolQmx?nf0{ hftlo 5j f5't la?4df tflnds]Joj :yf ug{ ❖ hftlo 5j f5't ug]o:tf JolQmx?nf0{ ; hfo / /fd] sfd ug]JolQmx?nf0{k]f]; ffg ug{k/:sf/ sf]Joj :yf ug{ ❖ :yfglo lgsfox? Uff=a=; , gu/ kl]nsf, lhNnf lasf; ; ldtx?nf0{ 5j f5't la?4 sfo{ ug{ laz]f 	<ul style="list-style-type: none"> • /fli6p off]hgf cf0f], :yfglo lasf; dæfno cGt/utsf lgsfox?, • /fli6p lasf; kl/ib, dfga clwsf/ cf0f], dlxn cf0f], blnt cf0f], laleGg wfdl\$; 3 ; :yfx?, /fli6p tyf cGt//fi6p ux] ; /sf/l ; 3 ; :yfx?, /fhg]ts kf6]x? ; æf/ df]Wdx?,ux] dæfno cGt/utsf lgsfox?, cbfnt, pk]lft p]kl]8t blnt ju{ lasf; ; ldt

l; =g=	gllt	sfoffj og ug{t /sf	lhDd] f/ lgsfo
		lgbz g lbg] ; fy 5j f5't ; a6w ; fdf6o dbbf xg] clwsf/ lbg] ❖ :yfglo :t/ b]v /fli6p :t/ ; Dd 5j f5't ; a6wl ; d:ofnf0{ ; dfwfg ug{/ /fhonf0{ ; hu agf0{/xg blnt tyf u} blntx? ; lDdlnt Pp6f ; ldlit u7g ug]	

; fdfilhs tyf dxnf ; a6w /0fglltx?

l; =g=	glltx?	sfoffj og ug{t /sf	lhDd] f/ lgsfo{x?
!=	❖ gkfnfd a; f;af; ug] blntx?s f lale6g hfltx?sf] hftcg'; f /sf]:ki7 klxrfg ug] ❖ hfltcg'; f/sf] hg; f]w s tYof8 /Vg] ❖ y/ n]vg kfpq] clwsf/sf] ; lglZr ug] ❖ k]o\$ j if{ # j 6f lhNnf x? nf0{ 5j f5't dQm l f6 3f]roff ug] ❖ c6t/ hftlo laaxfnf0{ k]; f xg ug] ❖ 3/ h' lx; f+	❖ xfn blntsf] ?kdf klxrfg ul/Psf s}l hfltx?n] cfkml nf0{ blnt elgPsf6f ckdffg af]v ul/Psfh] ; ahf0{ ; d6l ax; k\$6f; ? u/L s; s; nf0{ blntsf]kdf klxrfg u/L 6uf] + nufpg] / To; sf] ; r g f /fhkqdf k\$z g ug] ❖ s]b6p tYof8)\$ laefun] xfn; fn}; fj h]lgs u/\$f] tYof8)\$sf] kg/fanf\$ u/L To; df cfaZos kl/dfhg u/] blnt ; a6w s}l tYof8)\$x? c n]lu k\$z g ug{56 ePsf]eP ; \$f]v]h u/L ; fa h]lgs ug] ❖ :sh, SofDk; , uf= a=; , +gu/ kflnsf, lhNnf lasf; ; ldlit nufot hg ; 5} 7fpdf nut /Vbf y/sf] cfwf/df nut /Vg] ; fy]hflit ut nut klg /Vg] ❖ hft h]; 5}ePtf klg obl sg AolQm]cfkmg]sh k/Dk/f cg'; f/ y/ n]vg rfx65 eg]gful/stf agfpbf p; sf]y/ n]vg k]; f xg ug]. o; sf nflu ; /sf/n] ; a6wt lgsfodf lgbz g hf/L ug] ❖ obl o; sf nflu sfgg g}; wf/ ug{k5{eg]To; sf] nflu cfaZos Joj :yf ug] ❖ ; a6wt lhNnf x?df 5j f5't la/f]l cleofgx? Aofks?kdf ; #fng ug] ❖ blntx?nf0{ ; fj h]lgs l f6df ; xeflu xg] jftfj /of tof/ kfg] ❖ uf= a=; + kbflwsf/L, ; /sf/L lgsfosf sdf/f/lx? ; fdfilhs ; 3 ; :yfsf JolQmx?, wfdl\$; 3 ; :yfsf kbflwsf/L /fhg]ts kf6l\$ JolQmx?n] 3/ tyf ; fj h]lgs l f6df 5j f5'tsf] Joj xf/ u/df ; fdf6o hgtfnf0{e6bf a9l b08sf]Joj :yf ug] ❖ of] sfo\$] nflu Pp6f blnt tyf u} blntx?sf] ; xeflutfdf laz]f ; ldltsf]u7g ug] ❖ 5j f5't la/f]l hgr]gf cleofg ; #fng ug] ❖ c6t/hftlo laaxf ug]hf\$lnf0{k]; f xg ug{k/:sf/ /f]huf/ / tlglx?sf] ; Gtfgnf0{ lqzNs lzlf]sf]	❖ >l % sf] ; /sf/sf] ; a6wt lgsfo / pk]lft p]kl8t blnt ju{ lasf; ; ldlit ❖ s]b6p tYof8)\$ laefu ❖ lzlf dafno,:sh, sn]hx?, uf= a=; =, lh= a=; =, lhNnf kzf; g sfoffo, ❖ u} dafno, lhNnf kzf; g sfoffo ❖ sfgg dafno, klt]glw tyf /fli6p ; ef ❖ uf= a=; =, gu/kflnsf, lhNnf lasf; ; ldlit, ; /sf/L lgsfo, ; fdfilhs ; 3 ; :yfx?, wfdl\$; 3 ; :yfx?, /fhg]ts kf6l\$?, blntsf ; 3 ; :yfx?

l; =g=	glltx?	sfof] og ug]tl/sf	lhDd] f/ lgsfox?
	/ ofg zf]f la?4 ; /f of ug]	Jo] :yf ug] ❖ 3/h' lx; f+/ ofg zf]f]la?4 hgr]gf cleofg ; #fng ug] ❖ ofg zf]f]la?4 ; hfosf]Jo] :yf ug] ❖ cbfntdf d4f btf]ug] ❖ s6lk6sf]la?4 ; hfosf]Jo] :yf ug]	❖ uf=la=; = gu/ kflnsf, ; fdf]hs tyf dfgaclwsf/af bl ; 3 ; :yfx?,cbfnt

lzlf ; a6w glt

@	❖ blnt dlxnf? sf] sfo{fdtf clea4l ; flf/tf ; t kltzt k/afpg] ❖ krf; kltzt blnt dlxnf? nf0{laZj laBfno clbogsf] Jo] :yf ug] ❖ ^ b]v !\$ jif\$ af]nsf]sf] clgj fo{ :sh hfg] Jo] :yf ug] ❖	❖ ; /sf/l lgsfo4f/f ; #flnt ; flf/tf slffdf blnt dlxnf?sf]clgj fo{pk] :ytnf0{hf\$ lbg] ❖ ; flf/tf slffdf ; xeflu eP afkt kfl] ; fxg :j?k pglx?sf]6ogtd cfaZostf kl/k't\$]nflu lg]Zrt /sdsf]cfly\$; xofu lbg]. ❖ ; flf/tf slffsf] lg]Zrt cawl k/f eP kl5 Jo] ; flos tflnds]Jo] :yf ug] ❖ lfdtf cg' f/sf]/f]huf/sf]Jo] :yf ug] ❖ /fli6p tyf c6t//fli6p u\] ; /sf/l ; :yfx? 4f/f ; #flnt ; flf/tf cleofgdf blnt dlxnf?sf] ; xeflutfnf0{klxnf]kfyldstf lbg]. ❖ lzlf g] k]ltsf] dh cfwf/ gf/f ; lxt hfuf/0f cleofg ; #fng ug] ❖ ; flf/tf slffdf ; xeflu xg grfxg] dlxnf?nf0{ ; fdf]hs alx:sf/ ug] ❖ :sh hfg] pd]sf &% kltzt blnt s6lx?nf0{ P; #Pn= ; = kf; u/fpg] ❖ pglx?sf]clgj fo{sn]h egf\$]Jo] :yf ug] ❖ Jo] ; flos tflnd ug{ rfxg] dlxnf?nf0{ ; d] clgj fo{P; #Pn= ; = kf; xg hf\$ lbg] ❖ Sof]k; egf\$]l/s8{/Vg] ❖ clgj fo{5fqa]Qsf]Jo] :yf ug] ❖ k]lals lzlfdf 6ogtd @) kltzt sf]f blnt dlxnf?sf]nflu 56afpg] ❖ 5f7l :sh k7fpg]afa' cfdfnf0{kfl] ; fxg :j?k laz]f k'/:sf/ / /f]huf/sf]Jo] :yf ug] ❖ b0]6f dfq 5f7l h6dfpg]b]dkltnf0{kfl] ; fxg :j?k k'/:sf/sf]Jo] :yf ug] ❖ :sh hfg]s6lx?sf]clgj fo{nut /Vg] ❖ :shdf blnt aflnsx?nf0{e]efj ug]lzlf]sx?nf0{ b08; hfPsf]Jo] :yf ug] ❖ clgj fo{kdf Ps blnt lzlf]sf]Jo] :yf kfylds b]v dfl]blds tx ; Dd ug] ❖ laBfno Jo] :yfkq ; ldltdf clgj fo{blnt klt]glwsf]	❖ lzlf dafno c6t/utsf lgsfox? ❖ Uff=la=; = gu/kflnsf, blntsf ; 3 ; :yfx?, c6 /fli6p tyf c6t//fli6p u\] ; /sf/l ; :yfx? ❖ Dflxf ; dx, 5j]f5t p6dhg ; ldt ❖ laZj laBfno, lzlf dafno, uf=la=; =lh= la=; =gu/ kflnsf, ; fdf]hs ; 3 ; :yfx?, 5j]f5t p6dhg ; ldt, /fli6p tyf c6t//fli6p u\] ; /sf/l ; 3 ; :yfx?
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		; xeflutf u/fpg] <ul style="list-style-type: none"> ❖ gllh laBfnox?df blnt dlxnf laBfyL{?sf] nflu Gogtd kfr kl tzt 5fqa[Qsf]Aoj :yf ugI ❖ clgj fo{tyf 5fqa[Q ; lxtsf]lgzNs lzlf sf]Joj :yf ugI 	
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:jf:Yo ; aGw /Ofglt

!	<ul style="list-style-type: none"> ❖ blnt dlxnf? sf]khgg :jf:Yosf] ; Af0f ugI ❖ :jf:Yo ladfsf] Joj :yf ugI ❖ /fzg sf8sf] Joj :yf ugI ❖ :jf:Yo lf0df sfo{ ug}f nflu blnt dlxnf hgziQm pTkfbg ugI 	<ul style="list-style-type: none"> • kl/jf/ lgo]hg ; aGw Jofks hgr]gf cleofg ; #fng ugI • kl/jf/ lgo]hgsf ; fwgx? Kf0fu ugI k?ifx?nf0{ k] ; fxg :j?k k'/:sf/sf]Joj :yf ugI • b0]6dfq ; Gtfg hGdfpg]bDkltnf0{laz]f ; lawfx? pknAw u/fpg] • ;/sf/l tyf u} ; /sf/l lgsfoaf6 tflnd kl t ; 80Lx?nf0{clgj fo?kdf blnt dlxnf?nf0{ ; Ts]L xbf ; xofu ugI{lgb}g lbg]. cGoyf pglx?sf]tflnd ; aGwt kdf0f kq vf]g]j f cGo ; lawfx? vf/h ugI • blnt dlxnf?nf0{g}; 80L tflnds f]Joj :yf ugI • ue]tl blnt dlxnf?sf] ue]tl calw e/ nflu] ; k0f{:j f:Yo kl/lf0sf] lhDdf ; /sf/n]lng] • blnt dlxnf?sf]cf]wfkrf/sf]nflu lj dfsf]Joj :yf ; /sf/n]ugI • ; :tf]/ ; he?kdf k]6s vfBg pknAw u/fpgsf nflu ; /sf/n]/fzg sf8sf]Joj :yf ugI • :jf:Yo lf0df sfo{ugIhgziQmsf]@) kl tzt blnt dlxnf?af6 pTkfbg ugI 	:jf:Yo defno / dftxtsf lgsfox?, /fli6p tyf cGt//fli6p u} ; /sf/l ; :yfx?, g]kn kl/jf/ lgo]hg ; 3,lzlf defno
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cfly} /Ofglt

	<ul style="list-style-type: none"> ❖ /fHosf ; k0f{ lgsfox? df @) kl tzt cf/lf0f ❖ edlsf] lat/Of ❖ ul/al lgj f/Of ugI 	<ul style="list-style-type: none"> ❖ nf\$;]f cfo]u4f/f dfu xg] ; k0f{ kbx?df @) kl tzt cf/lf0f blnt dlxnf?sf]nflu ugI ❖ kx/L, ; /sf/ :j fld]j df /x\$ f ; k0f{ ; #ffx?df klg @) kl tzt cf/lf0f ugI ❖ lagf lwtf]a\$af6 C0sf]Joj :yf ugI ❖ lzkdhs tflnd klzl f0fdf klg @) kl tzt cf/lf0f ❖ hluf lalxgx?nf0{edl lat/Of ubf{dlxnf?sf]gfpdf ugIkgI ❖ ul/al lgj f/Of ; aGw sfo]mdx? dlxnf?nf0{s]b}t u/] nfu' ugI ❖ gllh lf0 4f/f ; #flnt pBfu wGwf Aofk/ Aoa; fodf 	<ul style="list-style-type: none"> ❖ >l % sf] ; /sf/, gllh lf0,/fli6p tyf cGt//fli6p u} ; /sf/l ; :yfx?
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	❖ gllh lfqdf /fhuf/sf] nflu cf/lfof	; d] sldtdf !) kltzt /fhuf/sf]cf/lfof ugI	
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Gllt lgdf ugIlfqdf blnt dlxnsf]; xeflutf ; aGw /ofgllt

!	❖ :yfglo:t / b]v /fli6p:t/ ; Ddsf ; a} lgsfox? df blnt dlxnsf] clgj fo{ ; xeflutf u/fpg]	❖ ; kOf{lgSfox?df ## kltzt cf/lfofsf]Joj :yf ugI ❖ laleGg pkefQnf ; ldltdf blnt dlxnf?sf]clgj fo{ kltlglwIj sf]Joj :yf ugI ❖ /fhg]ts kf6lx?sf] gllt lgdfOf{ ugI clgj fo{ ; xeflutfsf]Joj :yf ugI ❖ /fli6p tyf cGt//fli6p ux ; /sf/l ; w ; :yfx?df klg cf/lfofsf]Joj :yf ugI	/fho ; eGg, /fhg]ts kf6lx?, /fli6p tyf cGt//fli6p ux ; /sf/l ; 3 ; :yfx?
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; Gbe{ fdfuk?

!= l/8 Pnelg, @)%&, dlxnf dlOm cfbf]hgsf ; DaGwdf,cgafbs d/f/l cu]fn, sf7df8f} l; hgZln k\$Fzg
 @= uf]vf kq 5fkfvfgf, ; at @)) (; fn, dhSl Pj kf#efu,
 #= xdr'l, sdnf @)%^, blnt dlxnf rg]lt / ; ef]gf sfokq, ; 4f/f k\$flzt
 \$= e6arg 8f= s[Of axfb/, @)%*,blnt dlxnf?sf] ; fdlhs / cfly\$ ca:yf, 5kfdf blnt eGg]
 k':tsaf6, Pstf k\$Fzg
 %= dlxnf sfg tyf lasf; d#,@)%^, 5fof kltabg, dlxnf la?4 xg] ; a}k\$/sf] eDefj pGdhg ugI
 dxf; GwL ; aGw >l % sf] ; /sf/sf]kf; Dels kltabg pk/sf]
 ^=cfrfo{an/fd, @)%&, lasf; ; dfh zf:q
 &=cfrf 3ggfy, @)%^, gkfndf dlxnf, k}jL a\$; P08 :6zg/l ; Q6/ sf7df08f}
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